

TMM COLLEGE OF NURSING COLLEGE REPORT 2023-2024

The TMM College of Nursing, Kaviyoor is established in the year 2004 under The Dewan Bahadur Dr. V Verghese Hospital Trust Association with an intake of 50 BSc Nursing students. Masters in Nursing started in the year 2011 with two specialities and the third speciality was added in 2014. The year 2021 witnessed the BSc (N) seat enhancement from 50 to 65. With the 75th (last batch) of GNM 2020-23 batch, the course is phased out and added to the history of TMM School of Nursing. The College of Nursing is celebrating its *twentieth birthday in May 2024* with much colours and vigour.

Tiruvalla Medical Mission was found by late Dewan Bahadur, Dr. V Verghese who started the medical work at his hometown Thiruvalla after his retirement as a medical officer in Cochin. TMM has been often referred to as ‘Sayippinte asupathri’ by the local people. The hospital has a history of 89 years and now is a 345 bedded NABH accredited (Emergency department) hospital with latest multispecialty facilities and provides quality-based care to the public. It also has two rural hospitals at Vazhoor & Mannamaruthy.

In the academic year 2023, 65 students were enrolled for B. Sc (N) and 2 students in M.Sc. Nursing. Admission for both courses is done according to the stipulations of the Government of Kerala and of the Private Nursing College Management Association of Kerala (PNCMAK). Admissions to the government quota is done by the LBS and all admissions are purely based on the merit. We follow the rules and regulations of INC, KNMC & KUHS regarding the selection, admission, curriculum implementation, examination and all other concerned programs.

Academic activities

At present **245 under graduates** and **3 post graduates** are pursuing B.Sc. and M.Sc. Nursing courses, as per the curriculum prescribed by Kerala University of Health sciences. Every month the curriculum of each batch is reviewed by the curriculum committee to plan the best quality education to the students. Monthly class meetings, feedback from external and internal faculty, Mentor mentee feedbacks helps the master plan implementation in more systematic and satisfactorily manner. The curriculum committee of the college is committed to prepare and implement the curriculum as per the requirement of University and INC. Regular theory classes are conducted and we provide enough practical experience to the students at Tiruvalla Medical Mission Hospital to sharpen their clinical skills. Beside this, we are affiliated to other reputed Govt and private Hospitals and Community Health Centres. Students go for observation visits to Leprosy Centres, Deaddiction Centre, Rehabilitation Centre, Old Age Homes, Special Schools, Factories, Water Purification Plant, Sewage Plant, Milk and Food processing units. We confirm high quality of teaching and learning facilities to students in Christian perspective and giving special care and attention to each student. We are maintaining good quality of education through scrutinizing and reviewing the performance of each student.

Infrastructure

Class Rooms: The college has four classrooms to accommodate over 65 B.Sc. (N) students. The teaching is using the latest technology i.e. with interactive panels, being the most modern teaching aid. There are additional class rooms for M.Sc. (N) students.

Labs: Spacious and well-equipped Labs with Syllabus prescribed mannequins and simulators enhances the learning atmosphere of students.

Library: The college library is well known for its magnitude of resources available for studying and references for research. Each year based on a comprehensive evaluation, sincere effort is taken to meet the core requirements of the University with respect to the number of hardbound books and journals. The infrastructural development envisages expanding the total area and its layout.

Wi-Fi: Each floor has Wifi connections that enable the teachers to teach in the classroom with extensive techniques and diversity of knowledge through the interactive panel.

Remote Digital Evaluation: The college has a dedicated room that can accommodate nearly ten evaluators at a time. This has enabled the ease of answer script valuations.

Hostel: Furnished hostel empowers 245 students to stay in two bedrooms and the students are provided wifi access to their rooms.

Others: The entire campus is under CCTV Surveillance. The snack bar facility inside the campus meets to quench the thirst and hunger of staffs and students. There is a softball play ground and a long jump pit for the students to engage in extracurricular activities.

Faculty

A group of efficient, and qualified teaching staffs work together for the academic excellence. Among the 25 M.Sc. & 6 B.Sc. Nursing faculty, 3 are PhD holders, and another 4 are pursuing PhD. We have 17 administrative staff working in the college. We do acknowledge with gratitude the service of all past staff of this institution. It is also their contributions that has supported the growth of this institution.

Promotions

There is a criterion that is implemented for the promotions and remunerations of the teaching faculty. This was implemented to support and meet the aspirations of the faculties and at the same time encourage them to aim for research excellence.

Alumni

We have an active alumni association who stands as the ambassadors of their alma matter. All the graduates are well placed in and out of the country. The campus drive conducted at college gives the opportunity to the graduates to select the best service hospital to practice their profession. A very cordial and uninterrupted service is provided from the office to cater the needs of alumni across the world.

University Results –

The college strives for better results every year and an average of 98% results are maintained by all batches in the last academic year. The 2022 semester batch has consistently secured 100% in their second and third semester.

Awards & Scholarships

Eligible students receive endowments, scholarships and E grants. Following are the scholarships and awards given each year:

S. No	Awards/Scholarship Name	No. of recipients
1	S.A Mary Scholarship	1
2	TMM College of Nursing Scholarship	14
3	Dr. John Mathews & Christian Medical Service Society, KADAMMANITTA- University Rank Holder Special Award	3
4	Dr. John Mathews & Christian Medical Service Society, KADAMMANITTA Best Outgoing Student Award	2
5	Dr. P M George, Best Outgoing Clinical Performance Award	2
6	Dr. P M George, Best Outgoing Subject Topper Performance Award in Theory	13
7	Subject Topper award in Theory-Semester/Year	28
8	TMM Hospital outgoing practical's subject topper	8
9	TMM Hospital, each year's practical's subject topper award	13
10	FIBA Best academic performer of the year award	6
11	Peter memorial scholarship	5
12	KK & Rachel Koshy Scholarship fund	3-4

FIBA Best Academic performer of the year Award-The financial scholarship for the year 2022-2023 to the most deserving student was awarded to Silla Mathew, third year GNM student. The award was presented during the college day on 14th July 2023.

Professional & Research Activities

Regular activities are organized for staff and students to keep abreast with knowledge advancement. As part of professional development, we are conducting regular CNE, in-service education & workshops. The faculty members are encouraged to attend workshops, seminars, paper presentations, conferences and short-term courses conducted by institutions, University and other professional agencies within and out of the institution. ACLS and BCLS training session sessions are provided to the staff at the college. Our faculties are invited as resource persons for national and state level workshops across the state.

Individual and departmental research activities are encouraged and the faculty promotions are based on the publications at TMM College of Nursing. Dr Rinu J George presented a paper on 29th Nov 2023 at Amrita Institute of Medical sciences during the conference conducted on Patient safety.

Academic Monitoring cell

There is an Institutional Academic Committee (IAC) as per the norms from KUHS so as to improve the standards of staffs and students in their professional journey. The best sessional performer of each batch is awarded with an education/ general book and the best batch of college is evaluated quarterly and rewarded with a TMM Rolling trophy.

Anti-Ragging Committee

There is a well-maintained anti-ragging committee and anti-ragging squad. The anti-ragging minutes are recorded after each month's review meeting. The college is proud to declare that it is free from such undesired behaviours.

Student Support and Guidance Cell

Students' grievances are addressed by Mrs. Nidhi Alex and Mrs. Manju Joseph who had attended sessions and training given KUHS. A separate space is allotted and all students of the college are divided into groups with their faculty mentors.

GRCS

The Grievance Redressal Cell is established to discuss and address the grievances of students in their academics, hostel and clinical areas as per the guidelines from KUHS. A WhatsApp group and google form is available for the students to register their grievances any time. Under the leadership of Prof. Jaya Mathew, Vice principal cum secretary, Prof Dr. Sindhu C Philip, HoD Medical Surgical dept. & Secretary, faculty and student representatives from each batch meet together in the first week of every month to address the issues. Remarkable changes are observed in the discipline aspect of students. and they are happy to meet together for discussion.

Parent Teacher Association (PTA)

Open house and parents meeting are conducted at regular intervals. The elected President for the year is Mr Benny T Varghese. WhatsApp groups are created for batch PTA and as PTA community and academic performance and open discussions are held and parents' concerns are considered with utmost importance.

NATIONAL SERVICE SCHEME

The NSS unit of TMM College of Nursing was started on 1st August 2022 to establish a meaningful link between the campus and community. On 17th October 2023 an awareness class was conducted at Catholicate College, Pathanamthitta regarding the drug abuse on behalf of Vimukthi (Kerala State Mission for De-addiction) and NSS Unit. Class was taken by Adv. Manoj S, former District Prosecutor about the different problems and crimes faced by Society with drug addiction. Volunteers and Program Officers created awareness programs among neighbours, friends and relatives residing in various areas and explained about the different diseases. NSS team involved themselves in multifarious development activities.

Sapthadina camp, the first NSS Camp of TMM College of Nursing NSS unit was conducted from 15/05/2023- 20/05/2023. The venue decided was Sankaramangalam Public School, Kaviyoor. Various sessions and programs like cleaning, rally and projects were conducted under the leadership of eminent NSS program officers and leaders. During the seven days the NSS volunteers contributed their services fairly to the public of Kaviyoor panchayat. NSS training programme was conducted at KUHS Senate Hall, Thrissur on 17.08.2023 and NSS officer Mrs. Manjima M.J attended the sessions.

Sneharamam Project was taken up by the NSS Volunteers and on 19th & 20th December 2023, the NSS volunteers did the cleaning, repainting and gardening of Pazhampally bus stop (TMMC Bus stop).

Institutional activities

- The Lamp Lighting ceremony of 20th batch of B.Sc. Nursing was conducted on 22nd December 2023 at Bardsley auditorium. Sr. Pheba, Nursing Superintendent, KM Cherian Hospital, Kallissery was the chief guest.
- Graduation ceremony of B.Sc. (N) 2018-2022 batch and M. Sc 2020-2022 batch was held on 14th July 2023. Hon'ble Shri. Sparjan Kumar IPS Inspector General of Police, South Zone was the Chief guest.
- Children's Day was celebrated on November 14 at Tiruvalla Medical Mission hospital. Conducted education and exhibition about pediatric problems and its management. A Skit performed by students ensured public awareness regarding the importance of joint family and the present issues arising in a nuclear family because of the use of gadgets. Children from CSI deaf and dumb and NMLP school were brought to the hospital for health screening during the one-week program. Play area were arranged in hospital reception along with traditional hand made toys.
- Heart Day Program was organized at TMM Hospital on 29th Sep 2023 with Health Exhibition, skit, skill stations and session on mindfulness
- Election awareness campaign was organized within the college on 4th December 2023. 120 students registered newly for the voters ID. Deputy Collector and Tahsildar, Thiruvalla addressed the students.
- Mathrubhumi Speak for India debate competition had Ms. Joyce Mathew, 4th year B.Sc. Nursing (2019-23 batch) being a winner. She was the only nursing student who participated along with other arts and professional college students.
- Health days were observed by the students at TMM Hospital, Community, Taluk hospital and College. Various programs were conducted during the World Mental Health Day, Diabetic day, AIDS day, World Cancer Day, World health day & Tuberculosis Day.

Student Nurses Association (SNA)

Championship: The SNA unit of TMM College of Nursing bagged the ***South East Zonal Cultural Champions Trophy*** for the year 2022-23.

Overall Championship: The college also secured the overall ***3rd position adding educational and sports competitions***, among 18 participating colleges.

Monthly SNA general body meeting is conducted with the student's representative discussing the matters that affect the students.

Freshers' day, Women's Day, Teachers Day, Educational & Cultural competitions, annual Sports day, festival celebrations like Onam, Christmas, and Holi are celebrated by the students. Every month on a Saturday a special SNA activity is arranged for the students. Monthly assembly by different batches adds colours to students' initiatives and enriches the value of the college. College is proud of the students work Elixir, the quarterly publication by the SNA leads. The Horizon, college magazine was released on 31.07.2021 and Platinum Jubilee special edition souvenir was released on 06.08.2022.

College council

As per the KUHS guidelines TMM students actively take part in the Union/Council activities with the objectives to get trained in their duties, responsibilities and rights of citizenship, to promote opportunities for the development of character leadership, efficiency, knowledge and spirit of service among the students. The activity board by each batch is a best example for their creativity and competitive spirit. They do organize and participate in debates, seminars, quiz competitions and research presentations. The unity among batches in all the activities reduces the risk of students who need support and guidance from the authority. Meetings are held once in three months and as required is attended by the Principal, Vice Principal, department HoDs, PTA representatives and student representatives. Active contribution of each member is considered for the welfare and discipline of the college. The student leaders are provided badges with their position mentioned and they wear it during Council/SNA meetings and programs at college

Spiritual activities

Everyday life at TMM starts with the common prayer led by the students. They sing, read the bible and pray. This is led batch wise. Once a month it is the staffs who take the lead and a motivational talk is given to the students. Every batch has their individual class prayer at morning and evening before leaving the class. Mr Samuel Rajan, Administrator is leading a bible class on Saturdays for the interested students. The Sunday Chappel service and counselling led by Evg. Thomas Mathew is a blessing to students. The ENFI team visits the college every month and reminds each batch, in rotation, the role of a nurse in Christian perspective. A new year special prayer was arranged for the students at college. Retreat is a remarkable program that was arranged on 30th September 2023 at SBS, Puthenkavu camp centre. Students attended and performed in the Christmas program “Olivuchillakal pookumpol” at TMM hospital. At hostel students are given the freedom to conduct family prayer in the morning and evening and separate prayer rooms are arranged at the hostel and hospital. We are proud about TMM Choir who soothes our mind in every program by singing with musical instruments.

Picnic

Students were taken for picnic, batch wise, to various venues in the academic year and the senior students were taken for four days Tour to Munnar. Parent representatives often join the teachers and students during the picnic/ tour.

Admission Process

- Each year's intake for B.Sc. (N) is 65 students. 50% of the student intake is from LBS Quota and the 50% is from private quota. The college is associated with PNCMAK. 15% of the 50% private intake is on NRI quota.
- Each year the M.Sc. intake eligibility is 14 students. The specialties offered are Medical Surgical, OBG and Mental Health Nursing. Well qualified and experienced professionals with Ph.D. and MSC (N)

Future plans

- Achieve KUHS -QAS accreditation
- Infrastructure development
- Research cell

This report is comprehensive yet incomplete. It is a brief understanding of the college and its activities.

Prof. Dr Blessy Rowlly Mathew
Principal